

Sample listings from the Central Coast

San Luis Obispo & Coastal Areas

***Abella Garden Inn Bed and Breakfast** with seven garden rooms, and includes teas and snacks, and a continental breakfast. Abella Garden Inn Bed and Breakfast, 210 Oak St., **Arroyo Grande**, CA 93420, Phones 805-489-5926 or 800-563-7762, Website: www.abellagardeninn.com

Windmill Farms is a place where fruits and vegetables are grown all-natural-pesticide-free, where livestock is farm raised, and where hard to find plants and trees can be found. The farm is open daily year around. Your kids can visit the Critter Corral and pet farm animals. You can walk through the gardens and see a wide variety of vegetables and fruits. Windmill Farms, 1275 N. Thompson Ave., **Arroyo Grande**, CA 93420, Phone 805-489-1000, Website: www.windmillfarms.org

***McCall Farm Bed and Breakfast** is open year around. McCall Farm Bed and Breakfast, 6250 Santa Rosa Creek Rd., **Cambria**, CA 93428 Phone 805-927-3140 Website: mccallfarmbandb.20m.com

***Cotton Tail Creek Ranch** is a guest ranch with fishing, trail rides, nature walks and farm tours. Cotton Tail Creek Ranch, 2005 Cotton Tail Creek Rd., **Cayucos**, CA 93430 Phone 805-995-1787 Website: <http://cotontailcreek.com>

***Morro Bay Fisherman and Farmers' Market** offers camping, fishing, historical exhibits in their heritage Ag museum, winery tours and special events. Morro Bay Fishermen and Farmers' Market, 880 Main St., **Morro Bay**, CA 93442 Phone 805-772-4467 Website: www.morrobay.org

Organic Foods: A Moss Landing Company, Diamond Organics, has information about organics foods that includes produce, dairy, meat, bakery, and wine. Diamond Organics, 1271 Highway 1, **Moss Landing**, CA 95039 Phone 888-674-2642 Website: www.diamondorganics.com

The Luffa Farm is open Wednesday through Sunday from 10 am to 4 pm with free tours. It is informational and educational for the entire family. When luffas are young they can be eaten like squash, but more often added to stews. The Luffa Farm, 1457 Willow Rd., **Nipomo**, CA 93444 Phone 805-343-0883 Website www.theluffafarm.biz

Apple Farm has a millhouse with a 14-foot water wheel that harness the power to grind wheat between two stones into flour. There's a 19th century apple press that makes apple cider. And you can watch a churn that makes ice cream. Their restaurant serves all kinds of apple treats. Apple Farm, 2015 Monterey St., **San Luis Obispo**, CA 93401 Phone 800-374-3705 Website: www.applefarm.com

*Listings marked with an asterisk offer farm stay, bed and breakfast and/or camping

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Avila Valley Farm is open from late May to late December with farm tours, farm animal petting, hay rides, picnic play area, nature walks, and in October a pumpkin patch. Avila Valley Barn, 550 Avila Beach Dr., **San Luis Obispo**, CA 93405
Phones 805-595-2816 or 805-481-9423

Breakaway Tours offer winery and farm tours along the central coast in Paso Robles, San Luis Obispo, and Santa Barbara County. Tours include Edna Valley and Arroyo Grande Valley. Breakaway Tours, P.O. Box 535, **San Luis Obispo**, CA 93448, Phones 805-489-1108 or 800-799-7657, Website: www.breakaway-tours.com

Edna Valley Vineyard offer tours on the weekends from 11 am to 3 pm. Edna Valley Vineyard, 2585 Biddle Ranch Rd., **San Luis Obispo**, CA, Phone 805-544-5855

Dixon Ranch Vineyards offer vineyard tours in September through November by appointment with hands on wine grape harvesting, processing and bottling. Dixon Ranch Vineyards, 4796 Righetti Rd., **San Luis Obispo**, CA 93401 Phone 805-541-0913

Enterprise Program offers garden, nursery and farm tours with historical exhibits and a pumpkin patch. Enterprise Program, Cal Poly, **San Luis Obispo**, CA 93407
Phone 805-756-2249 Website: www.calpoly.edu

FOOD EVENTS & FESTIVALS

Food festivals abound throughout California. For many decades folks have gathered in communities to celebrate all kinds of food along with the harvests. Most festivals include a farmers' market, crafts, entertainment and lots of food to enjoy. The festival dates, hours, and admissions listed can change without notice. Ask for directions to the event, as many are off the main highways.

May 2009

23rd-24th Arroyo Grande Strawberry Festival has all kinds of strawberry delights made with strawberries including shortcakes, funnel cakes, milk shakes and ice cream. There is a strawberry shortcake breakfast and ethnic foods that include strawberries. You can enter their strawberry cooking contest. Arroyo Grande Village Improvement Association, P.O. Box 1526, **Arroyo Grande**, CA 93421, Phone 805-473-2250 Website: www.arroyograndevillage.org

September 2009

19th Avocado and Margarita Festival is a free event where you can enjoy guacamole until you turn green and down it with Cabo Wabo margaritas. Morro Bay Chamber of Commerce, 845 Embarcadero, **Morro Bay**, CA 93442, Phone 805-772-4467, Website www.morrobay.org

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September 2009

26th-27th Arroyo Grande Valley Harvest Festival The area is noted for farming cabbage, carrots, beans, peas, pumpkins, and onions. There are many contests that include vegetable growing, baking, pies, canning, and chili. There are also contests for the heaviest tomato, the largest apple, and the ugliest melon, along with heirloom fruits and vegetables. Arroyo Grande Valley Harvest Festival, P.O. Box 575, **Arroyo Grande**, CA 93421, Phone 805-458-3321 Website: www.agharvestfestival.com

October 2009

3rd-4th Harbor Festival is held on the main fishing pier and features all kinds of seafood, along with live entertainment. Morro Bay Chamber of Commerce, 845 Embarcadero, **Morro Bay**, CA 93442, Phone 805-772-4467, Website www.morrobay.org